

Introduction to Futures Trading

What trading actually is, what you will learn, and the principles to accept first.

BOOK A CALL

This document will give you the map. A call gives you the plan.

Stop guessing your way through it. Book a call with the 100x team and we will show you exactly where you are, what is costing you, and what to do next.

100xtrading.org

Trading is the process of participating in financial markets with the objective of generating consistent returns. Our focus is specifically on **futures markets**, through primarily an **ICT and SMC framework**.

Most traders enter the markets believing success comes from finding the perfect strategy. In reality, profitability is built on **systematic model-based execution, risk management and strict discipline**.

Many beginner traders fail because they never understand how markets actually move. They jump between indicators, mentors and strategies without ever mastering the basic understanding of **price delivery, liquidity concepts, or a repeatable model**.

This series will help you understand the basic fundamentals needed to learn **futures trading from the ground up**. It is designed to give you the ability to structure and develop your own foundation and model, and the skills and understanding of **how these concepts can be applied in real futures markets** before risking your own capital.

It is designed for traders who want **precision and consistency**, not shortcuts.

YOU WILL LEARN

- How futures markets actually operate, and why they offer a more structured environment than retail trading
 - How price moves through **liquidity and institutional order flow**
 - **ICT and SMC basics and fundamentals**
- How to identify high-probability conditions using **time and session-based execution**
- Why most traders fail funded challenges, and how to avoid the same mistakes

- The psychological parts of trading that are often overlooked, and what you should be focusing on as a beginner trader
 - What a **model-based trading approach** looks like in practice
 - The key principles behind building **consistency and controlled risk**

This series follows simplified educational content similar to the content inside the 100x Mentorship, where traders gain a full comprehensive understanding of everything here and more. Traders are not only taught everything needed to streamline their learning and kickstart their trading, they are trained to **prioritise their execution models, risk management, and profitable mindset and psychology.**

KEY PRINCIPLES

Before moving forward, you need to understand these key principles:

Trading is not a way to get rich quickly.

Trading is a skill that takes time to develop and build.

Trading is difficult and 90% of retail traders lose.

Trading is not gambling, and we must not treat it as such.

Trading should be treated like a business, a system.

Trading is not for the weak.

Take The Next Step

Knowing what trading really demands is the easy part. Building the structure that makes it work in a live market is where almost everybody stalls, and information alone will not fix it.

You can keep piecing this together on your own for the next two years, or you can get it structured properly by traders who do this every day. That decision is the difference between most traders and the ones who make it work.

Book your call with the 100x team now.

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100x Mentorship · Futures · ICT & SMC · Structured execution